

# ALLERGY ALERT

Students with life threatening allergies are a growing health concern in schools across the country. The T/E School District has a policy (#5403) to address this issue.

Food allergies, insect stings, latex and medications can cause an anaphylactic reaction in people who are highly allergic to them. Anaphylaxis is a sudden, severe allergic reaction that involves various areas of the body simultaneously. Symptoms of an anaphylactic reaction can be any or all of the following:

- Hives
- Tingling, itching, redness on skin, lips, eyelids or any part of the body
- Swelling/itching of mouth and throat
- Nausea, vomiting, diarrhea
- Paleness, dizziness
- Loss of consciousness

Even if your child does not have a life threatening allergy, another schoolmate may have one.

The T/E School District Nursing Staff

## Please Note:

- All foods sent in for classroom celebrations or school sponsored activities should be commercially prepared with a full preprinted label listing ingredients.
- Only Mylar balloons may be used for locker decorating and school events.
- Remember that eating is not allowed on the bus to & from school

**STUDENTS WHO HAVE LIFE THREATENING ALLERGIES  
NEED ALL OF US TO KEEP THEM SAFE**