

# Conestoga High School Menu

<p><b>May 25</b></p> <p><b>No School Memorial Day Celebration</b></p>	<p><b>May 26</b></p> <p>BBQ Rib Sand</p> <p>Black Bean salsa Caesar salad Apple Sauce Milk Selection</p>	<p><b>May 27</b></p> <p>Cheesesteak</p> <p>Carrots w/ Tarragon Grapes Bananas Milk Selection</p>	<p><b>May 28</b></p> <p>Soft Shell Taco</p> <p>Lettuce, Tomato, Cheese Creamed Corn Peaches Milk Selection</p>	<p><b>May 29</b></p> <p>Pizza Dippers</p> <p>Green Beans Tossed Salad Apple Crisp Milk Selection</p>				
<p><b>June 1</b></p> <p>Buffalo Chicken Fingers</p> <p>Steamed Broccoli Mashed Potato Grapes Milk Selection</p>	<p><b>June 2</b></p> <p>Salisbury Steak</p> <p>Scallop Potatoes Green Beans Pineapple Chunks Milk Selection</p>	<p><b>June 3</b></p> <p>Pasta w/ Meatballs</p> <p>Breadstick/Dinner Roll Caesar Salad Applesauce Milk Selection</p>	<p><b>June 4</b></p> <p>BBQ Rib Sand</p> <p>Rice Carrots w/ Tarragon Pears Milk Selection</p>	<p><b>June 5</b></p> <p>Homemade Pulled Pork On a Kaiser</p> <p>Baked Beans Roasted Corn Apple Wedges Peaches Milk Selection</p>				
<p><b>June 8</b></p> <p>Popcorn Chicken</p> <p>Green Beans Tossed Salad Applesauce Milk Selection</p>	<p><b>June 9</b></p> <p>General Tso Chicken over pasta</p> <p>Steamed Veg. Medley Rice Oranges Milk Selection</p>	<p><b>June 10</b></p> <p>Cheesesteak</p> <p>Potato Wedges Applesauce Pears Milk Selection</p>	<p><b>June 11</b></p> <p>Italian Hoagie</p> <p>Steamed Broccoli Cucumber Salad Banana Peaches Milk Selection</p>	<p><b>June 12</b></p> <p>Toasted Cheese</p> <p>Corn Tossed Salad Warm Cinnamon Apples Milk Selection</p>				
<p><b>Menu to be determined and shared by June 12th On the district Food Service website.</b></p>				<p><b>June 15</b></p>	<p><b>June 16</b></p>	<p><b>June 17</b></p>	<p><b>June 18</b></p>	<p><b>June 19</b></p> <p>Last day Of School ½ Day No Lunch Served</p>

<p><b><u>Deli Bar</u></b> Ham, Turkey, Roast Beef, Tuna Salad, Chicken Salad, Hot &amp; Spicy Ham, Salami, 3 Cheeses and Assorted Bread and Kaiser Rolls (Whole Wheat and Multi Grain)</p>	<p><b><u>Pasta Bar</u></b> Two Pasta's and Two Sauces Available Daily</p>	<p><b><u>Fruit and Vegetable Bar</u></b> Traditional Salad Bar Specialty Salads Fresh Fruit</p>	<p><b><u>Soups and Chili</u></b> Two Soups and/or Chili Daily</p>	<p><b><u>Express</u></b> Premade Salads Wraps Deli Sandwiches Hummus Bites Veggie Burgers</p>
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Offerings

**High School Breakfast Meal \$1.90**  
Sandwich Meal \$3.15  
All Breakfast Meals include Four Items:  
1. Bread 2. Protein 3. Fruit 4. Milk  
You may take all four items, but must take at least three items to count as a Meal. You may take two breads or one bread and one protein and one fruit and one milk.  
Choose One Entrée (Bread and/or Protein)  
Bagel Lg Muffin 2 Cereals  
French Toast Sticks & Sausage  
Sausage, Egg, Cheese Sandwich (\$3.15 Meal)  
Choose One Fruit (Fruit)  
Fresh Fruit 4oz 100% Fruit Juice  
Choose One (8oz Milk)

**High School Lunch Meal \$3.25**  
All Meals include Five Items:  
1. Protein 2. Bread 3. Fruit 4. Vegetable 5. Milk  
You may take all five items, but must take at least three items, **with one of the three items being a fruit or vegetable to count as a lunch.**  
Choose One Entrée (Bread, Protein):  
**\$3.25 Meal Entrée's**  
Cheeseburger, Hamburger, Veggie Burger  
Chicken Patty  
Pasta Bar  
Pizza Daily Menu Item  
**\$3.75 Meal Entrée's**  
Chick Fillet  
Deli to Order  
Choose up to Two Fruits & Two Vegetables  
2 portioned fruits or 1 fresh fruit  
And up to 2 vegetables  
(Add Fries to any Meal for \$.75, when available)  
Choose One:  
(1% white, skim white & non-fat chocolate milk)  
Salad Bar \$3.75  
Includes Salad Bar plus Fruit, Crackers/Breadsticks & 8oz Milk

**CAFETERIA ACCOUNT**  
Please include your child's name and pin # with all pre-payments. You may also pay online at [www.paypams.com](http://www.paypams.com). FREE registration (\$1.95 fee for online deposits)