


Tredyffrin Easttown School District Middle School Menu

Jan. 26	Jan. 27	Jan. 28	Jan. 29	Jan. 30
French Toast Sticks, Sausage and Syrup Hashbrown Mixed Fruit Sliced Cucumber Milk Selection	Popcorn Chicken w/ dipping sauce Roll Broccoli w/ dip Applesauce Milk Selection	Soft Shell Taco Lettuce, Tomato, Cheese Black Bean Salsa Carrot Sticks Fresh Grapes Milk Selection	Pasta w/ Meatsauce Breadstick Caesar Salad Pears Milk Selection	BBQ Pulled Pork Sanc. Green Beans Tossed salad Apple Crisp Milk Selection
Feb. 2	Feb. 3	Feb. 4	Feb. 5	Feb. 6
Pizza Dippers Steamed Broccoli Carrot Sticks Dried Cranberries Milk Selection	Meatball Sand. Potato Wedges Cucumber Slices Applesauce Milk Selection	Spicy Chicken Fingers Baked Beans Peaches Dinner Roll Milk Selection	Nachos w/ Beef and Cheese Lettuce, Tomato, Cheese Carrot Sticks Mixed Fruit Milk Selection	Popcorn Chicken Green Beans Tossed Salad Fresh Fruit Selection Milk Selection
Feb. 9	Feb. 10	Feb. 11	Feb. 12	Feb. 13
Corn Dog Chicken Noodle Soup French Fries Peas Apple Wedges Milk Selection	Chicken Nuggets Tator Tots Peaches Milk Selection	Hoagie Selection Baby Carrots Broccoli w/ Dip Fresh Fruit Selection Milk Selection Milk	Meatball Sand. Potato Wedges Broccoli w/ Dip Pears Milk Selection	Pizza Dippers w/ Marinara Green Beans Tossed Salad Hot Cinnamon Apples Milk Selection
Feb. 16	Feb. 17	Feb. 18	Feb. 19	Feb. 20
No School 	Cheesesteak Sand. Potato Wedges Carrots w/ Tarragon Applesauce Milk Selection	Toasted Cheese Sand. Tomato Soup Sliced Cucumbers Orange Smiles Milk Selection	Popcorn Chicken Mashed Potatoes Carrot Sticks Mixed Fruit Milk Selection	Chicken Club Sand (Chicken Bacon and Cheese). Pears Caesar salad Sliced Cucumbers Milk Selection

Offered Daily

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty Sand. Cheeseburger Salad Bar Mickey's Pizza Selection PB&J	Chicken Patty Sand. Cheeseburger Buffalo Chicken Wrap Salad Bar Mickey's Pizza Selection PB&J	Chicken Patty Sand. BBQ Pork Rib Sand. Cheeseburger Salad Bar Mickey's Pizza PB&J	Chicken Patty Sand Cheeseburger Turkey and Bacon Wrap Salad Bar Mickey's Pizza Selection PB&J	Chicken Patty Sand. Cheeseburger Salad Bar Mickey's Pizza Selection PB&J

Middle School Breakfast Meal \$1.45

Four Items:
1. Bread 2. Protein 3. Fruit 4. Milk
You may take all four items, but must take at least three items to count as a Meal. You may take two breads or one bread and one protein and one fruit and one milk.
Choose One Entrée (Bread), (Protein)
Bagel Lg Muffin 1 Cereal & 1 Sm Muffin
French Toast Sticks & Sausage
Choose One Fruit (Fruit)
Fresh Fruit 4oz 100% Fruit Juice
Choose One (8oz Milk)



Middle School Lunch Meal \$2.95

Five Items:
1. Protein 2. Bread 3. Fruit 4. Vegetable 5. Milk
You may take all five items, but must take at least three items, with one of the three items being a fruit or vegetable to count as a lunch. Entrée's usually count as two items (Protein, Bread).
Choose One Entrée: (Protein, Bread)
Choose up to Three: (choose 1 Fruit & up to 2 Vegetables)
Choose One: (1% white, skim white & non-fat chocolate milk)

CAFETERIA ACCOUNT

Please include your child's name and pin # with all pre-payments. You may also pay online at www.paypams.com. FREE registration (\$1.95 fee for online deposits)

Notes about our Menu

- Milk is available with each meal: 1% White, Non-Fat
- White or Non-Fat Chocolate**
- A minimum of 1 Fresh Fruit & 1 Fresh Veg are available with each meal, as well as 4oz Apple and Grape Juice