



Tredyffrin/Easttown School District PK-12 Athletics: Off-Season Activities & Pre-Season Health and Safety Plan

The decision to resume sports-related activities, including conditioning, practices and games, is within the discretion of a school entity's governing body. Each school entity must develop and adopt an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students. The plan must include the provisions of this guidance, be approved by the local governing body of the school entity and be posted on the school entity's publicly available website. School entities should also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

Each school entity should continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

Original Plan approved June 29, 2020
DRAFT REVISED Plan: JULY 24, 2020

Table of Contents

Athletics Health and Safety Plan.....	3
Resuming PK-12 Sports-Related Activities.....	4
Primary Point of Contact.....	5
Key Strategies, Policies, and Procedures	5
Cleaning, Sanitizing, Disinfecting and Ventilation.....	6
Social Distancing and Other Safety Protocols	8
Monitoring Student Athletes and Staff Health.....	16
Other Considerations for Student Athletes and Staff	20
Athletic Health and Safety Plan Professional Development	22
Athletic Health and Safety Plan Communications	23
Athletics Health and Safety Plan Summary	24
Facilities Cleaning, Sanitizing, Disinfecting and Ventilation.....	24
Social Distancing and Other Safety Protocols.....	24
Monitoring Student Athletes and Staff Health	28
Other Considerations for Student Athletes and Staff.....	29
Athletics Health and Safety Plan Governing Body Affirmation Statement	31

Athletics Health and Safety Plan: Tredyffrin/Easttown School District

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- Red Phase: Schools remain closed for in-person instruction and no sports are allowed in counties designated as being in the Red Phase.
- Yellow Phase and Green Phase: Schools may resume sports-related activities after developing a written Athletics Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Use this template to document your LEA's plan to bring back student athletes and coaching staff, how you will communicate the type with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school sports-related activity operations and potential adjustments throughout the school year.

Your school entity should account for changing conditions in your local Athletics Health and Safety Plan to ensure seamless transition from more to less restrictive conditions in each of the phase requirements as needed. Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen.

Original Plan approved June 29, 2020
DRAFT REVISED Plan: JULY 24, 2020

Resuming PK-12 Sports-Related Activities

Key Questions

- How do you plan to bring student athletes and staff back to physical school buildings, particularly if social distancing is still required?
- How did you engage stakeholders in the decision to resume sports-related activities, including try-outs, conditioning, practices, and games?
- How will you communicate your plan to your local sports and school communities?
- Once you resume sports-related activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports activities?

Summary of Responses to Key Questions:

- This plan is for off-season voluntary conditioning for sports, and only if we are in the Yellow or Green phase. It does not include tryouts, scrimmages, or August pre-season practice.
- The plan will be shared during a public meeting, and then posted on the District website. Information will be shared with participants and their families via District approved communication methods including email.
- Any modifications to these activities will be in response to evolving guidance from all applicable federal, state, and local authorities, including the Pennsylvania Department of Education, the Pennsylvania Department of Health, and Chester County Health Department.
- The current plan will be extended through August 24, 2020.

Anticipated launch date for sports related activities: July 1, 2020

Original Plan approved June 29, 2020
DRAFT REVISED Plan: JULY 24, 2020

Primary Point of Contact

Each school entity must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person's contact information.

Point of Contact Name	Position of Point of Contact	Contact Information
Dr. Chris Groppe	Covid-19 Administrator	HealthInfo@tesd.net 610-240-1919

Key Strategies, Policies, and Procedures

Use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the [Pennsylvania Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency](#).

For each domain of the Athletics Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. Use the key questions to guide your domain summaries.

For each requirement within each domain, document the following:

- **Action Steps under Yellow and Green Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow or green. List the discrete action steps for each requirement in sequential order.
- **Lead Individual(s) and Position(s):** List each person responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.

Original Plan approved June 29, 2020
DRAFT REVISED Plan: JULY 24, 2020

- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or supports required to implement the requirement.
- **Professional Development (PD) Required:** Identify the training or professional development that will be provided to staff, students, families, and other stakeholders to implement each requirement effectively.

In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the athletic facilities are cleaned and ready to safely welcome coaching staff and student athletes?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain coaching staff and student athlete safety?
- What protocols will you put in place to clean and disinfect throughout the day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

- Athletes are participating in voluntary off-season conditioning outdoors.
- No indoor facilities will be used. Participants will be able to use indoor restrooms, and the restrooms will be cleaned on a regular basis in accordance with CDC protocols.
- Other cleaning protocols will be in place for use on equipment and materials involved in the activities.
- Athletes will be transported to the practice space by their family.
- These activities will only occur if we are in the Yellow or Green phase.

Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Cleaning, sanitizing, disinfecting, and ventilating spaces, surfaces, and any other areas used by student athletes and sporting activities (i.e., restrooms, drinking fountains, locker rooms and transportation)	<ul style="list-style-type: none"> Indoor facilities will not be available or use other than restrooms. Water fountains will not be available. Transportation will be provided by the family. Restrooms will be cleaned on a regularly scheduled basis using CDC-approved cleaning supplies. 	Kevin Pechin	Custodial Staff	N
Other cleaning, sanitizing, disinfecting, and ventilation practices	N/A	N/A	N/A	N

Social Distancing and Other Safety Protocols

Key Questions

- How will conditioning, practice, and game spaces be organized and scheduled to mitigate spread?
- How will you group student athletes with coaches to limit the number of individuals who come into contact with one another throughout the conditioning, practices, meetings, team meals, games, etc.?
- What policies and procedures will govern use of other communal spaces (locker rooms, restrooms)?
- How will you utilize outdoor space to meet social distancing requirements?
- What hygiene routines will be implemented?
- How will you adjust student transportation to meet social distancing requirements?
- How will social distancing and other safety protocols vary based on age ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided?

Summary of Responses to Key Questions:

- Off-season conditioning is a voluntary activity and will occur outdoors. The only indoor usage will be for restrooms. No indoor communal spaces other than restrooms will be used. Restrooms will be cleaned regularly, and all participants will have access to supplies for personal hygiene.
- Social distancing will be observed.
- Schedules will be staggered to the extent possible to mitigate contact with others.

Original Plan approved June 29, 2020
DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
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Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

<p>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p>	<p>Social distancing is identified as keeping at least 6 feet of space between individuals to the maximum extent feasible.</p> <p>Yellow:</p> <ul style="list-style-type: none"> ● Only conditioning and individual non-contact drills will be conducted with focus on individual skill building versus competition. ● No group huddles. ● Instruction should be given in a way that maintains appropriate social distancing. ● Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing. ● All participants will wear face coverings. ● Face coverings required for all adults unless doing so jeopardizes their health. ● Athletes are encouraged to wear face coverings at arrival and departure, and during down time (i.e. during instruction) unless doing so jeopardizes their health. Face coverings are not recommended during exertional activity. ● No physical contact including shaking hands, fist bumps, and high fives. ● No spectators. ● Parents who wish to be on site should remain in their vehicle during the activity. <p>Green:</p>	<p>Athletic Director</p>	<p>N/A</p>	<p>N</p>
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Original Plan approved June 29, 2020
DRAFT REVISED Plan: JULY 24, 2020

	<ul style="list-style-type: none">• Only conditioning, individual drills, and group drills with focus on limiting contact in close contact sports.• No intrasquad scrimmages• No group huddles.• Instruction should be given in a way that maintains appropriate social distancing.• Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing.• Drills that require limited physical contact should be done in pods of 10 or less if possible.• Indoor sports will do conditioning and individual drills outside.• Face coverings required for all adults unless doing so jeopardizes their health.• Athletes are encouraged to wear face coverings at arrival and departure, and during down time (i.e. during instruction) unless doing so jeopardizes their health. Face coverings are not recommended during exertional activity.• No spectators.• Parents who wish to be on site should remain in their vehicle during the activity.• Team meetings may take place in person using social distancing or should take place on a virtual platform.			
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Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Procedures for serving food at events	Athletes will bring their own water and snacks. Bottled water will be available if needed.	Athletic Director	Bottled water	N
* Hygiene practices for student athletes and staff which include the manner and frequency of hand-washing and other best practices	Adequate restrooms are available for use by athletes and coaches for proper hygiene and hand washing. The restrooms will be cleaned regularly.	Athletic Director	Cleaning supplies	N
* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs	CDC signage has been laminated and will be placed at each practice facility.	Athletic Director	Signs	N
* Identifying and restricting non-essential visitors and volunteers	<ul style="list-style-type: none"> • No spectators. • Parents who wish to be on site should remain in their vehicle during the activity. 	Athletic Director	N/A	N

Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Limiting the sharing of materials and equipment among student athletes	Yellow: <ul style="list-style-type: none"> No shared objects (including bottles, towels, sports equipment, pinnies, etc.). Green: <ul style="list-style-type: none"> Limit shared objects to those required for sport only (i.e. footballs, basketballs, etc.). Athletes should still bring their own personal source of hydration and avoid sharing towels or pinnies. Team equipment should be cleaned at the conclusion of each session by coaching staff. Individual clothing or equipment (team issued or personal) should be cleaned at the conclusion of each session by the participant. 	Athletic Director	Cleaning supplies	N
Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)	<ul style="list-style-type: none"> Only outdoor communal spaces will be accessed. Indoor communal spaces are closed. 	Athletic Director	N/A	N

Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Adjusting transportation schedules and practices to create social distance	Off Season workouts will have staggered starts and finishes to reduce amount of people in one area	Athletic Director	N/A	N
Limiting the number of individuals in athletic activity spaces, and interactions between groups of student athletes	Yellow: <ul style="list-style-type: none"> • Only conditioning and individual non-contact drills will be conducted with focus on individual skill building versus competition. Green: <ul style="list-style-type: none"> • Only conditioning, individual drills, and group drills with focus on limiting contact in close contact sports. • No intrasquad scrimmages • No group huddles. • Instruction should be given in a way that maintains appropriate social distancing. • Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing. • Drills that require limited physical contact should be done in pods of 10 or less if possible. 	Athletic Director		

Original Plan approved June 29, 2020
DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Other social distancing and safety practices	N/A	Athletic Director	N/A	N

Monitoring Student Athletes and Staff Health

Key Questions

- How will you monitor student athletes, coaches, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Who will be responsible for monitoring?
- Where will the monitoring take place?
- When and how frequently will the monitoring take place?
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to sports activities? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes?
- When and how will families be notified of confirmed coach or student athlete illness or exposure and resulting changes to the local Athletics Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided?

Summary of Responses to Key Questions:

- Any participant during off-season activities (coaches, staff, athletes, trainers) must be considered free of any symptoms as outlined in the Chester County Health Department's guidance of June 19, 2020.
- All participants will complete an online assurance tool affirming they are symptom free. The Athletic Director will designate a person responsible for collecting the information and sharing with relevant coaches.

Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Monitoring student athletes and staff for symptoms and history of exposure	<ul style="list-style-type: none"> All participants must use the online self-report form to affirm they are free of symptoms <i>as described in the current Chester County Health Department guidance.</i> Any participant who has symptoms will not be permitted on campus and advised to contact their healthcare provider. Staff must review the screening report at the start of the activity and confirm that participants have completed the screening survey for that day. 	Athletic Director	Online survey tool	Y

Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p>	<p>If a participant becomes sick during the activity, the following will occur.</p> <ul style="list-style-type: none"> • The participant will be immediately separated from others, and their parent contacted. A separate space will be designated in each building for this purpose. • The school will maintain adequate personal protective equipment for use when individuals become ill, including gowns, masks, eye protection, and gloves. • The area(s) used by the sick person will be closed off immediately, and not used until it can be cleaned and disinfected. • The person will be provided with guidance for self-isolation at home and the guidelines for returning to school, as outlined in <i>the current Chester County Health Departments guidance</i>. • If an individual requires transportation by ambulance, alert the ambulance and hospital staff that the person may have Covid-19. • The Athletic Director will inform the district pandemic coordinator. 	Athletic Director	PPE	Y
<p>* Returning isolated or quarantined coaches, staff or student athletes, to school and/or athletics</p>	<p>Before returning for participation, the student must meet the requirements for return as described in <i>the current Chester County Health Department's guidance</i>.</p>	Athletic Director	N/A	Y

Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols	Coaches will notify athletes and their families via district approved communication methods.	Athletic Director	N/A	N
Other monitoring and screening practices	Monitor guidance from relevant health authorities and update monitoring and screening practices as necessary.	Pandemic Coordinator	N/A	N

Other Considerations for Student Athletes and Staff

Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or unwilling to return?
- How will you determine which student athletes are willing/able to return? How will you accommodate student athletes who are unable or unwilling return?
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes?
- What special protocols will you implement to protect student athletes and staff at higher risk for severe illness?
- How will you address coaches and other athletic staff who are ill, or who have family members who have become ill?
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available?
- Which stakeholders will be trained on these protocols? When and how will the training be provided?

Summary of Responses to Key Questions:

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Protecting student athletes and coaching staff at higher risk for severe illness	Participants are not required to attend off-season activities, and this includes those who are at higher risk for severe illness.	Athletic Director	N	N
* Use of face coverings by all coaches and athletic staff		Athletic Director	Face coverings	Y

Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Use of face coverings by student athletes as appropriate	<i>Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.</i>	Athletic Director	Face coverings	Y
Unique safety protocols for student athletes with complex needs or other vulnerable individuals	Participants are not required to attend off-season activities, and this includes those who are at higher risk for severe illness.	Athletic Director	N/A	N
Management of Coaches and Athletic Staff	Coaches and athletic staff who are ill should not report for these voluntary activities.	Athletic Director	N/A	N

Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Athletics Health and Safety Plan Professional Development

The success of your plan for resuming sports-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires staff training, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate professional learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Review of the Athletic Plan	Coaches, trainers	Kevin Pechin	Virtual meeting	MS Teams platform	June 30, 2020	June 30, 2020

Original Plan approved June 29, 2020
DRAFT REVISED Plan: JULY 24, 2020

Athletics Health and Safety Plan Communications

Timely and effective family and caregiver communication about sports-related health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, school entities should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communication	Start Date	Completion Date
Review of athletic plan	Athletes, parents	Kevin Pechin	Virtual meeting	June 30, 2020	June 30, 2020

Original Plan approved June 29, 2020
 DRAFT REVISED Plan: JULY 24, 2020

Athletics Health and Safety Plan Summary: Conestoga High School

Anticipated Launch Date: July 1 2020

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above.

Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)</p>	<ul style="list-style-type: none"> • Indoor facilities will not be available or use other than restrooms. • Water fountains will not be available. • Transportation will be provided by the family. • Restrooms will be cleaned on a regularly scheduled basis using CDC-approved cleaning supplies.

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p> <p>* Procedures for serving food at events including team meetings and meals</p> <p>* Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</p>	<p>Social distancing is identified as keeping at least 6 feet of space between individuals whenever feasible.</p> <p>Yellow Phase:</p> <ul style="list-style-type: none"> • Only conditioning and individual non-contact drills will be conducted with focus on individual skill building versus competition. • No group huddles.

Requirement(s)	Strategies, Policies and Procedures
<p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p> <p>Identifying and restricting non-essential visitors and volunteers</p> <p>Limiting the sharing of materials and equipment among student athletes</p> <p>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</p> <p>Adjusting transportation schedules and practices to create social distance between students</p> <p>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</p> <p>Other social distancing and safety practices</p>	<ul style="list-style-type: none"> ● Instruction should be given in a way that maintains appropriate social distancing. ● Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing. ● Face coverings required for all adults unless doing so jeopardizes their health. ● Athletes are encouraged to wear face coverings at arrival and departure, and during down time (i.e. during instruction) unless doing so jeopardizes their health. Face coverings are not recommended during exertional activity. ● No physical contact including shaking hands, fist bumps, and high fives. ● No spectators. ● Parents who wish to be on site should remain in their vehicle during the activity. <p>Green Phase:</p> <ul style="list-style-type: none"> ● Only conditioning, individual drills, and group drills with focus on limiting contact in close contact sports. ● No intrasquad scrimmages ● No group huddles. ● Instruction should be given in a way that maintains appropriate social distancing. ● Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing. ● Drills that require limited physical contact should be done in pods of 10 or less if possible.

Requirement(s)	Strategies, Policies and Procedures
	<ul style="list-style-type: none">● Indoor sports will do conditioning and individual drills outside.● <i>Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.</i>● No spectators.● Parents who wish to be on site should remain in their vehicle during the activity.● Team meetings may take place in person using social distancing or should take place on a virtual platform. <p>All phases:</p> <ul style="list-style-type: none">● Athletes will bring their own water and snacks. Bottled water will be available if needed.● Adequate restrooms are available for use by athletes and coaches for proper hygiene and hand washing. The restrooms will be cleaned regularly.● CDC signage has been laminated and will be placed at each practice facility.● No spectators.● Parents who wish to be on site should remain in their vehicle during the activity.● Off Season workouts will have staggered starts and finish times to reduce amount of people in one area

Requirement(s)	Strategies, Policies and Procedures
	<p data-bbox="1045 342 1354 375"><u>Equipment & materials:</u></p> <p data-bbox="1045 396 1234 428">Yellow Phase:</p> <ul data-bbox="1094 435 1806 505" style="list-style-type: none"><li data-bbox="1094 435 1806 505">• No shared objects (including bottles, towels, sports equipment, pinnies, etc.). <p data-bbox="1045 511 1142 544">Green:</p> <ul data-bbox="1094 550 1883 943" style="list-style-type: none"><li data-bbox="1094 550 1883 695">• Limit shared objects to those required for sport only (i.e. footballs, basketballs, etc.). Athletes should still bring their own personal source of hydration and avoid sharing towels or pinnies.<li data-bbox="1094 701 1883 771">• Team equipment should be cleaned at the conclusion of each session by coaching staff.<li data-bbox="1094 777 1883 873">• Individual clothing or equipment (team issued or personal) should be cleaned at the conclusion of each session by the participant.<li data-bbox="1094 880 1787 912">• Only outdoor communal spaces will be accessed.<li data-bbox="1094 919 1625 943">• Indoor communal spaces are closed. <p data-bbox="1045 976 1304 1008"><u>Activities permitted:</u></p> <p data-bbox="1045 1015 1142 1047">Yellow:</p> <ul data-bbox="1094 1053 1883 1154" style="list-style-type: none"><li data-bbox="1094 1053 1883 1154">• Only conditioning and individual non-contact drills will be conducted with focus on individual skill building versus competition. <p data-bbox="1045 1161 1142 1193">Green:</p> <ul data-bbox="1094 1200 1856 1425" style="list-style-type: none"><li data-bbox="1094 1200 1856 1269">• Only conditioning, individual drills, and group drills with focus on limiting contact in close contact sports.<li data-bbox="1094 1276 1493 1308">• No intrasquad scrimmages<li data-bbox="1094 1315 1381 1347">• No group huddles.<li data-bbox="1094 1354 1801 1425">• Instruction should be given in a way that maintains appropriate social distancing.

Requirement(s)	Strategies, Policies and Procedures
	<ul style="list-style-type: none"> • Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing. • Drills that require limited physical contact should be done in pods of 10 or less if possible.

Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring student athletes and staff for symptoms and history of exposure</p> <p>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p> <p>* Returning isolated or quarantined coaching staff, student athletes, or visitors to school</p> <p>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</p>	<ul style="list-style-type: none"> • All participants must use the online self-report form to affirm they are free of symptoms as described in <i>the current Chester County Health Department’s guidance</i>. • Any participant who has symptoms will not be permitted on campus and advised to contact their healthcare provider. • Staff must review the screening report at the start of the activity and confirm that participants have completed the screening survey for that day. <p>If a participant becomes sick during the activity, the following will occur.</p> <ul style="list-style-type: none"> • The participant will be immediately separated from others, and their parent contacted. A separate space will be designated in each building for this purpose. • The school will maintain adequate personal protective equipment for use when individuals become ill, including gowns, masks, eye protection, and gloves. • The area(s) used by the sick person will be closed off immediately, and not used until it can be cleaned and disinfected.

Requirement(s)	Strategies, Policies and Procedures
	<ul style="list-style-type: none">• The person will be provided with guidance for self-isolation at home and the guidelines for returning to school, as outlined in the <i>current Chester County Health Department's guidance</i>.• If an individual requires transportation by ambulance, alert the ambulance and hospital staff that the person may have Covid-19.• The Athletic Director will inform the district pandemic coordinator.• Before returning for participation, the student must meet the requirements for return as described in <i>the current Chester County Health Department's guidance</i>. <p><u>Other protocols:</u></p> <ul style="list-style-type: none">• If there are any schedule changes, regardless of reason, coaches will notify athletes and their families via district approved communication methods.• The District will continue to monitor guidance from relevant health authorities, and update monitoring and screening practices as necessary.

Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting student athletes and coaching staff at higher risk for severe illness</p> <p>* Use of face coverings by all coaches and athletic staff</p> <p>* Use of face coverings by student athletes as appropriate</p> <p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p> <p>Management of Coaches and Athletic Staff</p>	<ul style="list-style-type: none"> • Participants are not required to attend off-season activities, and this includes those who are at higher risk for severe illness. <p><i>Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.</i></p> <ul style="list-style-type: none"> • Participants are not required to attend off-season activities, and this includes those who are at higher risk for severe illness. • Coaches and athletic staff who are ill should not report for these voluntary activities.

Original Plan approved June 29, 2020
DRAFT REVISED Plan: JULY 24, 2020

Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **T/E School Board** reviewed and approved the Athletics Health and Safety Plan on **July 27, 2020**

The plan was approved by a vote of:

_____ **Yes**

_____ **No**

Affirmed on:

By:

(Signature of Board President)

(Print Name of Board President)