

*Student Wellness and Nutrition*

To promote the health and wellness of all students, the Board establishes that the District shall provide to students: a comprehensive nutrition program consistent with federal and state requirements; access at reasonable cost to foods and beverages that meet established nutritional guidelines; physical education courses and opportunities for developmentally appropriate physical activity during the school day; curriculum and programs for grades K-12 that are designed to educate students about proper nutrition and lifelong physical activity, in accordance with State Board of Education curriculum regulations and academic standards.

The Superintendent or designee shall be responsible to establish regulations to monitor District schools, programs, and curriculum to ensure compliance with this Board Policy and applicable law, and to incorporate recommendations from the District Wellness Committee established by this Policy.

The Board shall ensure the continued existence of a District Wellness Committee comprised of at least one (1) representative of the following groups: school board, District administration, District food service, District student body, District parents/guardians, District physical education teacher, District school nurse, the healthcare community of Tredyffrin and Easttown Townships and the residents of Tredyffrin or Easttown Township who are not members of any of the preceding groups. The purpose of the Wellness Committee is to review Board policies and District regulations, procedures and practices regarding wellness and nutrition and to recommend revisions to the Board and administration regarding these policies, regulations, procedures and practices. Members of the Wellness Committee shall serve at the pleasure of the Board.