



# OPTIONS FOR SCHOOL START TIMES

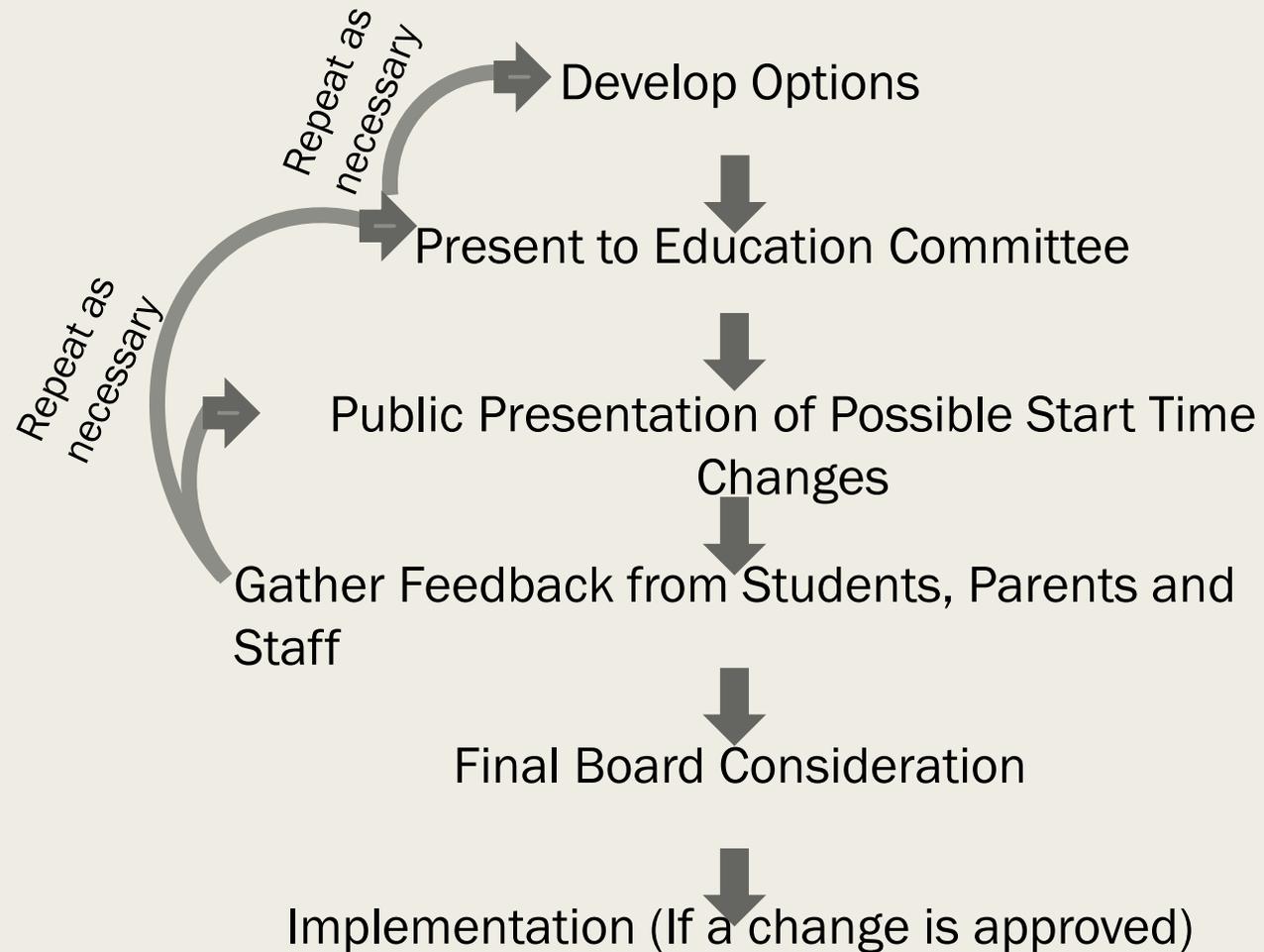
Education Committee – January 2019



# District Goal #1.4

- To assess the impact of potential strategies for addressing adolescent sleep needs, including the implications for school start times.

# Process



# Current start times and end times

- Conestoga High School = 7:20 AM – 2:20 PM
- Middle Schools = 7:50 AM – 2:33 PM
- Elementary Schools = 8:45 AM – 3:20 PM

# Assumptions

#1 = Maintain the current number of instructional minutes each day

#2 = Defining Start Times and Ending Times

7:45 AM as the earliest possible start time

3:45 as the latest possible ending time

#3 = Continue to have 3 tiers for busing

#4 = Maintain current start time order (High School, Middle, Elementary)

#5 = Standard start times by level

All elementary schools begin and end at the same time

Both middle schools begin and end at the same time

# Considerations for Start time Change

- Unknown personal impact on families and staff members
- Transportation
- Extra Curricular Activities
- School End Times
- Professional Staffing
- Instructional Day
- Financial – Could have an effect on other programs

# 7:50 Start Time:

	High School	Middle Schools	Elementary Schools
Start Time	7:50 AM	8:27 AM	9:10 AM
Dismissal	2:50 PM	3:10 PM	3:45 PM

# Considerations

- Unknown personal individual impact on families and staff
- HS and MS athletic practices and activity meetings would end later; Could lead to more early dismissals for student athletes to attend away games
- Elementary Homework Club would either need to be shortened or end later
- Elementary students would be arriving home in the dark during some months
- Possible implications for ACP at Elementary and Middle Schools
- Daily schedule implications at all levels
- Could affect facilities use by outside groups
- Could affect field rentals for CHS sports teams

# Transportation

- Currently, 35.3% of our fleet of buses/vans are shared between, public, non-public, charter and special education routing. Estimated need to accommodate the change in bell times, including fuel would be:

72 Passengers buses (5)

20-24 Passenger buses (3)

7-9 Passenger vans (3)

Cost = \$610,000

\*Possible Strategies for Cost Mitigation . . .

- Explore Opt-in for busing
- Explore opportunities for further efficiencies with bus routes using new software

# Next Steps in Process . . .

