

Activities for Kids and Families

Museums

- The Louvre: **free online tours of three famous exhibits, including Egyptian Antiquities.**
- Solomon R. Guggenheim Museum: **The works of Pablo Picasso, Piet Mondrian, Jeff Koons, and Franz Marc are just some of the 625 artists whose work are a part of the Guggenheim's Collection Online.**
- Smithsonian National Museum of Natural History: **Move at your own pace through the 360-degree room-by-room tour of every exhibit in the museum.**
- Van Gogh Museum: **You can get up close and personal with the impressionist painter's most famous work thanks to Google Arts & Culture.**
- Getty Museum: **Los Angeles's premiere gallery has two virtual tours, including "Eat, Drink, and Be Merry," which is a closer look at food in the Middle Ages and Renaissance.**
- The Vatican Museum: **The Sistine Chapel, St. Peter's Basilica, and Raphael's Room, are just some of the sites you can see on the Vatican's virtual tour.**
- Thyssen-Bornemisza Museum: **Madrid's must-see art museum has the works of some of the continent's most celebrated artists like Rembrandt and Dali available online.**
- Georgia O'Keeffe Museum: **Six virtual exhibits are available online from this museum named for the "Mother of American modernism."**
- National Museum of Anthropology, Mexico City: **Dive into the pre-Hispanic history of Mexico with 23 exhibit rooms full of Mayan artifacts.**
- British Museum, London: **The Rosetta Stone and Egyptian mummies are just a couple of things that you're able to see on a virtual tour of the museum.**
- NASA: **Both Virginia's Langley Research Center and Ohio's Glenn Research Center offer online tours for free. Also, you can try some "augmented reality experiences" via The Space Center Houston's app.**
- National Women's History Museum: **Have a late International Women's Day celebration with online exhibits and oral histories from the Virginia museum.**
- Metropolitan Museum of Art: **Though the Met Gala was cancelled this year, you can still have a peak at the The Costume Institute**

	<p>Conversation Lab, which is one of the institution's <u>26 online exhibits</u>.</p> <ul style="list-style-type: none"> • High Museum of Art, Atlanta: This museum's popular online exhibits include "<u>Civil Rights Photography</u>" — photos that capture moments of social protest like the Freedom Rides and Rosa Park's arrest. • Detroit Institute of Arts: Mexican art icon Frida Kahlo is the focal point of two of the four available <u>online exhibits</u>. • Rijksmuseum, Amsterdam: The Golden Age of Dutch art is highlighted in this museum which includes the work of <u>Vermeer and Rembrandt</u>. • National Museum of the United States Air Force: You can't take a ride in Franklin D. Roosevelt's presidential airplane, but you can check it out, in addition to other military weapons and aircraft, online in the Air Force's <u>official museum</u>. • MoMA (The Museum of Modern Art): New York's extensive collection is available for <u>view online</u>. • Museum of Fine Arts, Boston: The <u>16 virtual exhibits</u> include a special section on <u>21st Century Designer Fashion</u>.
<p>Zoos and Aquariums</p>	<ul style="list-style-type: none"> • The Cincinnati Zoo: Check in around 3 p.m., because that's the time the Zoo holds a daily Home Safari on its <u>Facebook Live Feed</u>. • Atlanta Zoo: The Georgia zoo keeps a "<u>Panda Cam</u>" livestream on its website. • Georgia Aquarium: Sea-dwellers like African penguins and Beluga Whales are the stars of this aquarium's <u>live cam</u>. • Houston Zoo: There are plenty of different animals you can check in on with this <u>zoo's live cam</u>, but we highly recommend watching the playful elephants. • The Shedd Aquarium: This Chicago aquarium shares some pretty adorable behind-the-scenes footage of their residents on <u>Facebook</u>. • San Diego Zoo: With what may be the most <u>live cam options</u>, this zoo lets you switch between koalas, polar bears, and tigers in one sitting. • Monterey Bay Aquarium: It can be Shark Week every week thanks to live online footage of <u>Monterey Bay's Habitat exhibit</u>. • National Aquarium: Walk through tropical waters to the icy tundra in this <u>floor-by-floor tour</u> of the famous, Baltimore-based aquarium.

<p>Theme Parks</p>	<ul style="list-style-type: none"> • Walt Disney World: Set aside some time, because there's plenty to see here. <u>Virtual tours</u> you can take include Magic Kingdom, Animal Kingdom, and Epcot, just to name a few. There are also unofficial YouTube videos that feel just like you're on famous rides like the <u>Frozen Ever After ride</u>, <u>It's a Small World</u>, <u>Monsters, Inc. Mike & Sulley to the Rescue!</u>, and <u>Pirates of the Caribbean</u>. • LEGOLAND Florida Resort: The Great Lego Race and Miniland USA are just two of the attractions you can check out in a <u>virtual tour of the park</u>. • SeaWorld Orlando: <u>The virtual tour</u> of SeaWorld includes a tour of Discovery Cove and the option to "ride" the steel roller coaster Mako.
<p>Field Trips</p>	<ul style="list-style-type: none"> • 30 Virtual Field Trips
<p>Ways to Stay Connected</p>	<ul style="list-style-type: none"> • Netflix https://www.netflixparty.com/ • Facebook Live Concerts • Instagram Challenges • Tik Tok Videos • School of Rock Sessions Remote https://www.schoolofrock.com/music-programs/remote • Buddymeter.com- How well do you know me? https://buddymeter.com/ • Calendar Challenges for Sports teams • X -Box Live • Facetime
<p>Physical Activities</p>	<ul style="list-style-type: none"> • Go for a walk or run. • Do jumping jacks in your back yard • Install and use an exercise app • Get outside while maintaining social distance. • Walk your dog while maintaining social distance. • YMCA at Home • Get the Whole Family Moving at Home • Dance it out • NFL PLAY 60 • Jumping Rope Skills
<p>Family Activities</p>	<ul style="list-style-type: none"> • Play board games • Have a family dance party • Read silently together • Read to one another • Make a meal or bake together

	<ul style="list-style-type: none"> • Get Cooking! • Eat together • Put together a scavenger hunt • Clean your house as a family, turn on music and make it a party! • Go Noodle • 30 Day Lego Challenge • Express Yourself (EXYO) Imagination Station - an online collection of art prompts, fun activities and guest artist features. Tune in to the IMAGINE NATION STATION on YouTube, Facebook or Instagram between 11-12 pm, each Monday through Thursday, to discover a new creative prompt or lesson. Visit EXYO to learn more
<p>Kindness and Gratitude Activities</p>	<ul style="list-style-type: none"> • Chalk the Walk-decorate your driveway and/or sidewalks with encouraging messages of love and kindness • Keep a pride or gratitude journal, write daily • Make Kindness Rocks. Spread them throughout your neighborhood while maintaining social distancing. • Write thank you cards to first responders, doctors, or nurses • Make drawings or cards and send to nursing home residents • Outside your Perimeter: Driveway, Yard, Garden, and Beyond
<p>Arts and Craft Activities</p>	<ul style="list-style-type: none"> • Draw, paint, color, craft, etc. • Journal • Heart Hero Moves, Wacky Word Games, Heart Hero Coloring Sheets • Free Art Lessons • Arts & Crafts
<p>Quiet Time Activities</p>	<ul style="list-style-type: none"> • Do a puzzle • Read a REAL book • Meditation - use the CALM app • Organize a part of your house (closet, dresser drawer) • TED Talks

