

Original Plan approved June 29, 2020
Updated: JULY 24, 2020
Revision: August 24, 2020



**Tredyffrin/Easttown School District
PK-12 Athletics & **Extra-Curricular Activities:**
Off-Season Activities & Pre-Season
Health and Safety Plan**

This Health and Safety Plan is designed to address the needs of PK-12 Athletics and Related Activities to encompass off-season, pre-season, and related student activities, such as band camp or group activities that do not fall under individual in-person visits or the regular school year re-opening plan.

The District will continue to monitor requirements, guidance, and recommendations from health authorities and athletic leagues and other relevant organizations.

The decision to resume sports-related activities, including conditioning, practices and games, is within the discretion of a school entity's governing body. Each school entity must develop and adopt an Athletics Health and Safety Plan aligning to the PDE Preliminary Guidance for Phased Reopening of Pre-K to 12 Schools prior to conducting sports-related activities with students. The plan must include the provisions of this guidance, be approved by the local governing body of the school entity and be posted on the school entity's publicly available website. School entities should also consider whether the implementation of the plan requires the adoption of a new policy or revision of an existing policy.

Each school entity should continue to monitor its Athletics Health and Safety Plan throughout the year and update as needed. All revisions should be reviewed and approved by the governing body prior to posting on the school entity's public website.

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Athletics & Other Student Activities Health and Safety Plan: Tredyffrin/Easttown School District

All decision-makers should be mindful that as long as there are cases of COVID-19 in the community, there are no strategies that completely eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. All school activities must be informed by [Governor Wolf's Process to Reopen Pennsylvania](#). The administration has categorized reopening into three broad phases: red, yellow, or green. These designations signal how counties and/or regions may begin easing some restrictions on school, work, congregate settings, and social interactions:

- Red Phase: Schools remain closed for in-person instruction and no sports are allowed in counties designated as being in the Red Phase.
- Yellow Phase and Green Phase: Schools may resume sports-related activities after developing a written Athletics Health and Safety Plan, to be approved by the local governing body (e.g. board of directors/trustees) and posted on the school entity's publicly available website.

Use this template to document your LEA's plan to bring back student athletes and coaching staff, how you will communicate the type with stakeholders in your community, and the process for continued monitoring of local health data to assess implications for school sports-related activity operations and potential adjustments throughout the school year.

Your school entity should account for changing conditions in your local Athletics Health and Safety Plan to ensure seamless transition from more to less restrictive conditions in each of the phase requirements as needed. Depending upon the public health conditions in any county within the Commonwealth, there could be additional actions, orders, or guidance provided by the Pennsylvania Department of Education (PDE) and/or the Pennsylvania Department of Health (DOH) designating the county as being in the red, yellow, or green phase. Some counties may not experience a straight path from a red designation, to a yellow, and then a green designation. Instead, cycling back and forth between less restrictive to more restrictive designations may occur as public health indicators improve or worsen.

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Resuming PK-12 Sports-Related & Other Student Activities

Key Questions

- How do you plan to bring students, athletes and staff back to physical school buildings, particularly if social distancing is still required?
- How did you engage stakeholders in the decision to resume sports-related and other activities, including try-outs, conditioning, practices, games, *rehearsals* and other activities?
- How will you communicate your plan to your local sports and school communities?
- Once you resume sports-related *and other* activities, what will the decision-making process look like to prompt a school closure or other significant modification to sports and *other* activities?

Summary of Responses to Key Questions:

- This plan is for off-season voluntary conditioning for sports, and only if the county is in the Yellow or Green phase. *It has been extended to September 29, 2020.* It does not include tryouts or scrimmages.
- *This plan will also be implemented for any other student activities involving larger numbers of students that may occur before the first day of school, including Conestoga Band Camp and other co-curricular activities.*
- The plan will be shared during a public meeting, and then posted on the District website. Information will be shared with participants and their families via District approved communication methods including email.
- Any modifications to these activities will be in response to evolving guidance from all applicable federal, state, and local authorities, including the Pennsylvania Department of Education, the Pennsylvania Department of Health, and Chester County Health Department.

Anticipated launch date for sports related & other activities: July 1, 2020

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Primary Point of Contact

Each school entity must designate a primary point of contact with defined roles and responsibilities for health and safety preparedness and response planning for sports-related activities. The point of contact will be responsible for responding to all questions related to COVID-19. All parents, student athletes, officials, and coaches must be provided the person's contact information.

Point of Contact Name	Position of Point of Contact	Contact Information
Dr. Chris Groppe	Covid-19 Administrator	HealthInfo@tesd.net 610-240-1919

Key Strategies, Policies, and Procedures

Use the action plan templates on the following pages to create a thorough plan for each of the requirements outlined in the [Pennsylvania Guidance for All Sports Permitted to Operate During the COVID-19 Disaster Emergency](#).

For each domain of the Athletics Health and Safety Plan, draft a detailed summary describing the key strategies, policies, and procedures your LEA will employ to satisfy the requirements of the domain. The domain summary will serve as the public-facing description of the efforts your LEA will take to ensure health and safety of every stakeholder in your local education community. Thus, the summary should be focused on the key information that staff, students, and families will require to clearly understand your local plan for the phased reopening of schools. Use the key questions to guide your domain summaries.

For each requirement within each domain, document the following:

- **Action Steps under Yellow and Green Phase:** Identify the discrete action steps required to prepare for and implement the requirement under the guidelines outlined for counties in yellow or green. List the discrete action steps for each requirement in sequential order.
- **Lead Individual(s) and Position(s):** List each person responsible for ensuring the action steps are fully planned and the system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** List any materials, resources, or supports required to implement the requirement.
- **Professional Development (PD) Required:** Identify the training or professional development that will be provided to staff, students, families, and other stakeholders to implement each requirement effectively.

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In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the athletic facilities *and other areas* are cleaned and ready to safely welcome students, athletes, and staff?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to maintain staff, student, and athlete safety?
- What protocols will you put in place to clean and disinfect throughout the day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

- No indoor facilities will be used. Participants will be able to use indoor restrooms, and the restrooms will be cleaned on a regular basis in accordance with CDC protocols.
- Other cleaning protocols will be in place for use on equipment and materials involved in the activities.
- *Students* will be transported to the practice space *or school* by their family.
- These activities will only occur if we are in the Yellow or Green phase.

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Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Cleaning, sanitizing, disinfecting, and ventilating spaces, surfaces, and any other areas used by students & athletes and sporting activities (i.e., restrooms, drinking fountains, locker rooms and transportation)	<ul style="list-style-type: none"> Indoor facilities will not be available or use other than restrooms. Water fountains will not be available. Transportation will be provided by the family. Restrooms will be cleaned on a regularly scheduled basis using CDC-approved cleaning supplies. 	Kevin Pechin <i>Chandra Singh</i>	Custodial Staff	N
Other cleaning, sanitizing, disinfecting, and ventilation practices	N/A	N/A	N/A	N

Social Distancing and Other Safety Protocols

Key Questions

- How will conditioning, practice, and game spaces be organized and scheduled to mitigate spread?
- How will you group student athletes with coaches to limit the number of individuals who come into contact with one another throughout the conditioning, practices, meetings, team meals, games, etc.?
- What policies and procedures will govern use of other communal spaces (locker rooms, restrooms)?
- How will you utilize outdoor space to meet social distancing requirements?
- What hygiene routines will be implemented?
- How will you adjust student transportation to meet social distancing requirements?
- How will social distancing and other safety protocols vary based on age ranges?
- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided?

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Summary of Responses to Key Questions:

- Off-season conditioning is a voluntary activity and will occur outdoors. The only indoor usage will be for restrooms. No indoor communal spaces other than restrooms will be used. Restrooms will be cleaned regularly, and all participants will have access to supplies for personal hygiene.
- *All other activities such as band camp are also voluntary activities, and will occur outdoors.*
- Social distancing will be observed. *Band camp participants will follow best available guidance on social distancing and masking when using musical instruments.*
- Schedules will be staggered to the extent possible to mitigate contact with others.

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Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
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<p>* Protocols for social distancing students and athletes and staff throughout all activities, to the maximum extent feasible</p>	<p>Social distancing is identified as keeping at least 6 feet of space between individuals to the maximum extent feasible.</p> <p>Yellow:</p> <ul style="list-style-type: none"> • Only conditioning and individual non-contact drills will be conducted with focus on individual skill building versus competition. • No group huddles. • Instruction should be given in a way that maintains appropriate social distancing. • Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing. • All participants will wear face coverings. • Face coverings required for all adults unless doing so jeopardizes their health. • Athletes are encouraged to wear face coverings at arrival and departure, and during down time (i.e. during instruction) unless doing so jeopardizes their health. Face coverings are not recommended during exertional activity. • No physical contact including shaking hands, fist bumps, and high fives. • No spectators. • Parents who wish to be on site should remain in their vehicle during the activity. <p>Green:</p> <ul style="list-style-type: none"> • Only conditioning, individual drills, and group drills with focus on limiting contact in close contact sports. 	<p>Athletic Director, <i>Assistant Principal for Student Activities</i></p>	<p>N/A</p>	<p>N</p>
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	<ul style="list-style-type: none">• No intrasquad scrimmages• No group huddles.• Instruction should be given in a way that maintains appropriate social distancing.• Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing.• Drills that require limited physical contact should be done in pods of 10 or less if possible.• Indoor sports will do conditioning and individual drills outside.• Face coverings required for all adults unless doing so jeopardizes their health.• Athletes are encouraged to wear face coverings at arrival and departure, and during down time (i.e. during instruction) unless doing so jeopardizes their health. Face coverings are not recommended during exertional activity.• No spectators.• Parents who wish to be on site should remain in their vehicle during the activity.• Team meetings may take place in person using social distancing or should take place on a virtual platform. <p><i>Band camp and other activities will follow the same protocols described above as relevant, including the wearing of face coverings, spectators, and group meetings. Social distancing and masking, including</i></p>			
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Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
	<i>the use of coverings for instruments for the band will follow best available guidance.</i>			
* Procedures for serving food at events	Students will bring their own water and snacks. Bottled water will be available if needed.	Athletic Director, Assistant Principal for Student Activities	Bottled water	N
* Hygiene practices for students and athletes and staff which include the manner and frequency of hand-washing and other best practices	Adequate restrooms are available for use by athletes and coaches for proper hygiene and hand washing. The restrooms will be cleaned regularly.	Athletic Director, Assistant Principal for Student Activities	Cleaning supplies	N
* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs	CDC signage has been laminated and will be placed at each practice facility.	Athletic Director, Assistant Principal for Student Activities	Signs	N
* Identifying and restricting non-essential visitors and volunteers	<ul style="list-style-type: none"> No spectators. Parents who wish to be on site should remain in their vehicle during the activity. 	Athletic Director, Assistant Principal for Student Activities	N/A	N

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Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Limiting the sharing of materials and equipment among students and athletes	<p>Yellow:</p> <ul style="list-style-type: none"> No shared objects (including bottles, towels, sports equipment, pinnies, etc.). <p>Green:</p> <ul style="list-style-type: none"> Limit shared objects to those required for sport only (i.e. footballs, basketballs, etc.). Athletes should still bring their own personal source of hydration and avoid sharing towels or pinnies. Team equipment should be cleaned at the conclusion of each session by coaching staff. Individual clothing or equipment (team issued or personal) should be cleaned at the conclusion of each session by the participant. <p><i>Band camp and other student activities will minimize the use of shared equipment, and follow relevant cleaning protocols.</i></p>	Athletic Director, <i>Assistant Principal for Student Activities</i>	Cleaning supplies	N
Staggering the use of communal spaces (i.e., locker rooms, weight rooms, band room, etc.)	<ul style="list-style-type: none"> Only outdoor communal spaces will be accessed. Indoor communal spaces are closed. 	Athletic Director, <i>Assistant Principal for Student Activities</i>	N/A	N
Adjusting transportation schedules and practices to create social distance	Off Season workouts and activities will have staggered starts and finishes to reduce amount of people in one area	Athletic Director, <i>Assistant Principal for Student Activities</i>	N/A	N

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Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Limiting the number of individuals in student and athletic activity spaces, and interactions between groups of students and athletes	Sports: Yellow: <ul style="list-style-type: none"> Only conditioning and individual non-contact drills will be conducted with focus on individual skill building versus competition. Green: <ul style="list-style-type: none"> Only conditioning, individual drills, and group drills with focus on limiting contact in close contact sports. No intrasquad scrimmages No group huddles. Instruction should be given in a way that maintains appropriate social distancing. Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing. Drills that require limited physical contact should be done in pods of 10 or less if possible. <p><i>Band camp and other student activities will be conducted in a way to minimize the potential for close physical interaction.</i></p>	Athletic Director, <i>Assistant Principal for Student Activities</i>		
Other social distancing and safety practices	N/A	Athletic Director, <i>Assistant Principal for Student Activities</i>	N/A	N

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Monitoring Students, Athletes and Staff Health

Key Questions

- How will you monitor student students, athletes, coaches, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Who will be responsible for monitoring?
- Where will the monitoring take place?
- When and how frequently will the monitoring take place?
- What is the policy for quarantine or isolation if a coach, student athlete, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19? What conditions will a coach or student athlete confirmed to have COVID-19 need to meet to safely return to sports activities? Which staff will be responsible for making decisions regarding quarantine or isolation requirements of coaches or student athletes?
- When and how will families be notified of confirmed coach or student athlete illness or exposure and resulting changes to the local Athletics Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student athlete and staff health? When and how will the training be provided?

Summary of Responses to Key Questions:

- Any participant during off-season activities (coaches, staff, athletes, *students*, trainers) must be considered free of any symptoms as outlined in the Chester County Health Department's guidance of June 19, 2020.
- All participants will complete an online assurance tool affirming they are symptom free. The Athletic Director *or Assistant Principal* will designate a person responsible for collecting the information and sharing with relevant coaches.

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Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Monitoring students and athletes and staff for symptoms and history of exposure	<ul style="list-style-type: none">• All participants must use the online self-report form to affirm they are free of symptoms as described in the current Chester County Health Department guidance.• Any participant who has symptoms will not be permitted on campus and advised to contact their healthcare provider.• Staff must review the screening report at the start of the activity and confirm that participants have completed the screening survey for that day.	Athletic Director, <i>Assistant Principal for Student Activities</i>	Online survey tool	Y

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Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Isolating or quarantining students and athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p>	<p>If a participant becomes sick during the activity, the following will occur.</p> <ul style="list-style-type: none"> • The participant will be immediately separated from others, and their parent contacted. A separate space will be designated in each building for this purpose. • The school will maintain adequate personal protective equipment for use when individuals become ill, including gowns, masks, eye protection, and gloves. • The area(s) used by the sick person will be closed off immediately, and not used until it can be cleaned and disinfected. • The person will be provided with guidance for self-isolation at home and the guidelines for returning to school, as outlined in the current Chester County Health Departments guidance. • If an individual requires transportation by ambulance, alert the ambulance and hospital staff that the person may have Covid-19. • The Athletic Director or Building Administrator will inform the district pandemic coordinator. <p>Any probable or confirmed cases will be reported to the Chester County Health Department.</p>	<p>Athletic Director, <i>Assistant Principal for Student Activities</i></p>	<p>PPE</p>	<p>Y</p>

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Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Returning isolated or quarantined coaches, staff, students or athletes, to school and/or athletics	<p>Before returning for participation, the student must meet the requirements for return as described in the current Chester County Health Department’s guidance.</p> <p><u>The District will follow the most current “Exclusion From and Return to School Requirements” published by the Chester County Health Department.</u></p>	Athletic Director, <i>Assistant Principal for Student Activities</i>	N/A	Y
Notifying coaches, staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols	<p>Coaches or staff will notify athletes and their families via district approved communication methods.</p> <p>Any communication will be done in alignment with relevant privacy rules and in coordination with relevant health authorities.</p>	Athletic Director, <i>Assistant Principal for Student Activities</i>	N/A	N
Other monitoring and screening practices	<p>Monitor guidance from relevant health authorities and update monitoring and screening practices as necessary.</p>	Pandemic Coordinator	N/A	N

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Other Considerations for Student Athletes and Staff

Key Questions

- How will you determine which coaches and other athletic staff are willing/able to return? How will you accommodate staff who are unable or unwilling to return?
- How will you determine which student athletes are willing/able to return? How will you accommodate student athletes who are unable or unwilling return?
- What is the local policy/procedure regarding face coverings for all coaches and athletic staff? What is the policy/procedure for student athletes?
- What special protocols will you implement to protect student athletes and staff at higher risk for severe illness?
- How will you address coaches and other athletic staff who are ill, or who have family members who have become ill?
- How will you manage teams in the event of coaching staff illness? Do you have substitute coaches available?
- Which stakeholders will be trained on these protocols? When and how will the training be provided?

Summary of Responses to Key Questions:

- This plan is for off-season voluntary conditioning for sports, and only if we are in the Yellow or Green phase. It has been extended to include August pre-season practice and heat acclimation. It does not include tryouts or scrimmages.
- *This plan will also be implemented for any other student activities that may occur before the first day of school, including Conestoga Band.*
- The plan will be shared during a public meeting, and then posted on the District website. Information will be shared with participants and their families via District approved communication methods including email.
- Any modifications to these activities will be in response to evolving guidance from all applicable federal, state, and local authorities, including the Pennsylvania Department of Education, the Pennsylvania Department of Health, and Chester County Health Department.
- *The current plan will be extended through September 29, 2020.*
- Athletes are participating in voluntary off-season conditioning outdoors.
- *Other students on the premises are participating voluntarily.*
- No indoor facilities will be used. Participants will be able to use indoor restrooms, and the restrooms will be cleaned on a regular basis in accordance with CDC protocols.
- Other cleaning protocols will be in place for use on equipment and materials involved in the activities.
- *Students will be transported to the practice space or school by their family.*

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- These activities will only occur if we are in the Yellow or Green phase.
- Off-season conditioning is a voluntary activity and will occur outdoors. The only indoor usage will be for restrooms. No indoor communal spaces other than restrooms will be used. Restrooms will be cleaned regularly, and all participants will have access to supplies for personal hygiene.
- *All other activities such as band camp are also voluntary activities, and will occur outdoors.*
- Social distancing will be observed. *Band camp participants will follow best available guidance on social distancing when using musical instruments.*
- Schedules will be staggered to the extent possible to mitigate contact with others.
- Any participant during off-season activities (coaches, staff, athletes, *students*, trainers) must be considered free of any symptoms as outlined in the Chester County Health Department’s guidance of June 19, 2020.
- All participants will complete an online assurance tool affirming they are symptom free. The Athletic Director *or Assistant Principal* will designate a person responsible for collecting the information and sharing with relevant coaches.
- Participants will receive training on the requirements of this plan prior to any activities occurring.

Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Protecting student athletes and coaching staff at higher risk for severe illness	Participants are not required to attend off-season activities, and this includes those who are at higher risk for severe illness.	Athletic Director, <i>Assistant Principal for Student Activities</i>	N	N

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Requirements	Action Steps under Yellow and Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Use of face coverings by all coaches and athletic staff</p>	<p>Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.</p>	<p>Athletic Director, <i>Assistant Principal for Student Activities</i></p>	<p>Face coverings</p>	<p>Y</p>
<p>* Use of face coverings by all students</p>	<p>Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.</p>	<p>Athletic Director, <i>Assistant Principal for Student Activities</i></p>	<p>Face coverings</p>	<p>Y</p>
<p>Unique safety protocols for students and athletes with complex needs or other vulnerable individuals</p>	<p>Participants are not required to attend off-season activities, and this includes those who are at higher risk for severe illness.</p>	<p>Athletic Director</p>	<p>N/A</p>	<p>N</p>
<p>Management of Coaches and Athletic Staff</p>	<p>Coaches and athletic staff who are ill should not report for these voluntary activities.</p>	<p>Athletic Director</p>	<p>N/A</p>	<p>N</p>

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Athletics Health and Safety Plan Professional Development

The success of your plan for resuming sports-related activities safely requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. For each item that requires staff training, document the following components of your professional learning plan.

- **Topic:** List the content on which the professional development will focus.
- **Audience:** List the stakeholder group(s) who will participate in the learning activity.
- **Lead Person and Position:** List the person or organization that will provide the professional learning.
- **Session Format:** List the strategy/format that will be utilized to facilitate professional learning.
- **Materials, Resources, and or Supports Needed:** List any materials, resources, or support required to implement the requirement.
- **Start Date:** Enter the date on which the first professional learning activity for the topic will be offered.
- **Completion Date:** Enter the date on which the last professional learning activity for the topic will be offered.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion Date
Review of the Health & Safety Plan	Coaches, trainers	Kevin Pechin	Virtual meeting	MS Teams platform	June 30, 2020	June 30, 2020
Review of the Health & Safety Plan	<i>Staff and student participants</i>	<i>Chandra Singh, Chris Groppe, Ellen Turk</i>	<i>Virtual meeting</i>	<i>MS Teams platform</i>	<i>August 20, 2020</i>	<i>August 20, 2020</i>

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Athletics Health and Safety Plan Communications

Timely and effective family and caregiver communication about sports-related health and safety protocols and schedules will be critical. Schools should be particularly mindful that frequent communications are accessible in non-English languages and to all caregivers (this is particularly important for children residing with grandparents or other kin or foster caregivers). Additionally, school entities should establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in your community.

Topic	Audience	Lead Person and Position	Mode of Communication	Start Date	Completion Date
Review of athletic plan	Athletes, parents	Kevin Pechin	Virtual meeting	June 30, 2020	June 30, 2020
<i>Review of the Health & Safety Plan</i>	<i>Staff and student participants</i>	<i>Chandra Singh, Chris Groppe, Ellen Turk</i>	<i>Virtual meeting</i>	<i>August 20, 2020</i>	<i>August 20, 2020</i>

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Athletics Health and Safety Plan Summary: Conestoga High School

Anticipated Launch Date: July 1, 2020

Use these summary tables to provide your local education community with a detailed overview of your Athletics Health and Safety Plan. School entities are required to post this summary on their website. To complete the summary, copy and paste the domain summaries from the Athletics Health and Safety Plan tables above.

Facilities Cleaning, Sanitizing, Disinfecting, and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, locker rooms, and transportation)</p>	<ul style="list-style-type: none"> • Indoor facilities will not be available or use other than restrooms. • Water fountains will not be available. • Transportation will be provided by the family. • Restrooms will be cleaned on a regularly scheduled basis using CDC-approved cleaning supplies.

Social Distancing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p>* Protocols for social distancing student athletes and staff throughout all activities, to the maximum extent feasible</p> <p>* Procedures for serving food at events including team meetings and meals</p> <p>* Hygiene practices for student athletes and staff including the manner and frequency of hand-washing and other best practices</p> <p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p> <p>Identifying and restricting non-essential visitors and volunteers</p>	<p>Social distancing is identified as keeping at least 6 feet of space between individuals to the maximum extent feasible.</p> <p>Yellow:</p> <ul style="list-style-type: none"> • Only conditioning and individual non-contact drills will be conducted with focus on individual skill building versus competition. • No group huddles. • Instruction should be given in a way that maintains appropriate social distancing. • Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing.

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<p>Limiting the sharing of materials and equipment among student athletes</p> <p>Staggering the use of communal spaces (i.e., locker rooms, weight rooms, etc.)</p> <p>Adjusting transportation schedules and practices to create social distance between students</p> <p>Limiting the number of individuals in athletic activity spaces and interactions between groups of student athletes</p> <p>Other social distancing and safety practices</p>	<ul style="list-style-type: none"> ● All participants will wear face coverings. ● Face coverings required for all adults unless doing so jeopardizes their health. ● Athletes are encouraged to wear face coverings at arrival and departure, and during down time (i.e. during instruction) unless doing so jeopardizes their health. Face coverings are not recommended during exertional activity. ● No physical contact including shaking hands, fist bumps, and high fives. ● No spectators. ● Parents who wish to be on site should remain in their vehicle during the activity. <p>Green:</p> <ul style="list-style-type: none"> ● Only conditioning, individual drills, and group drills with focus on limiting contact in close contact sports. ● No intrasquad scrimmages ● No group huddles. ● Instruction should be given in a way that maintains appropriate social distancing. ● Stretching, warmups, and cooldowns should be done in a way that maintains appropriate social distancing. ● Drills that require limited physical contact should be done in pods of 10 or less if possible. ● Indoor sports will do conditioning and individual drills outside. ● Face coverings required for all adults unless doing so jeopardizes their health. ● Athletes are encouraged to wear face coverings at arrival and departure, and during down time (i.e. during instruction) unless doing so jeopardizes their health. Face coverings are not recommended during exertional activity.

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	<ul style="list-style-type: none"> ● No spectators. ● Parents who wish to be on site should remain in their vehicle during the activity. ● Team meetings may take place in person using social distancing or should take place on a virtual platform. <p><i>Band camp and other activities will follow the same protocols described above as relevant, including the wearing of face coverings, spectators, and group meetings. Social distancing and masking, including the use of coverings for instruments for the band will follow best available guidance.</i></p> <p>Students will bring their own water and snacks. Bottled water will be available if needed.</p> <p>Adequate restrooms are available for use by athletes and coaches for proper hygiene and hand washing. The restrooms will be cleaned regularly.</p> <p>CDC signage has been laminated and will be placed at each practice facility.</p> <p>No spectators.</p> <p>Parents who wish to be on site should remain in their vehicle during the activity.</p> <p>Yellow:</p> <ul style="list-style-type: none"> ● No shared objects (including bottles, towels, sports equipment, pinnies, etc.). <p>Green:</p> <ul style="list-style-type: none"> ● Limit shared objects to those required for sport only (i.e. footballs, basketballs, etc.). Athletes should still bring their

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	<p>own personal source of hydration and avoid sharing towels or pinnies.</p> <ul style="list-style-type: none"> • Team equipment should be cleaned at the conclusion of each session by coaching staff. • Individual clothing or equipment (team issued or personal) should be cleaned at the conclusion of each session by the participant. <p><i>Band camp and other student activities will minimize the use of shared equipment, and follow relevant cleaning protocols.</i></p>

Monitoring Student Athletes and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring student athletes and staff for symptoms and history of exposure</p> <p>* Isolating or quarantining student athletes, coaching staff, or visitors if they become sick or demonstrate a history of exposure</p> <p>* Returning isolated or quarantined coaching staff, student athletes, or visitors to school</p> <p>Notifying coaching staff, families, and the public of cancellation of sports-related activities, school closures and other changes in safety protocols</p>	<p>All participants must use the online self-report form to affirm they are free of symptoms as described in the current Chester County Health Department guidance.</p> <p>Any participant who has symptoms will not be permitted on campus and advised to contact their healthcare provider.</p> <p>Staff must review the screening report at the start of the activity and confirm that participants have completed the screening survey for that day.</p> <p>If a participant becomes sick during the activity, the following will occur.</p> <ul style="list-style-type: none"> • The participant will be immediately separated from others, and their parent contacted. A separate space will be designated in each building for this purpose. • The school will maintain adequate personal protective equipment for use when individuals become ill, including gowns, masks, eye protection, and gloves.

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	<ul style="list-style-type: none"> • The area(s) used by the sick person will be closed off immediately, and not used until it can be cleaned and disinfected. • The person will be provided with guidance for self-isolation at home and the guidelines for returning to school, as outlined in the current Chester County Health Departments guidance. • If an individual requires transportation by ambulance, alert the ambulance and hospital staff that the person may have Covid-19. • The Athletic Director <i>or Building Administrator</i> will inform the district pandemic coordinator. <p><i>Any probable or confirmed cases will be reported to the Chester County Health Department.</i></p> <p>Before returning for participation, the student must meet the requirements for return as described in the current Chester County Health Department’s guidance.</p> <p><u><i>The District will follow the most current “Exclusion From and Return to School Requirements” published by the Chester County Health Department.</i></u></p> <p>Coaches or staff will notify athletes and their families via district approved communication methods.</p> <p>Any communication will be done in alignment with relevant privacy rules and in coordination with relevant health authorities</p> <p>Monitor guidance from relevant health authorities and update monitoring and screening practices as necessary.</p>

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Other Considerations for Student Athletes and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting student athletes and coaching staff at higher risk for severe illness</p> <p>* Use of face coverings by all coaches and athletic staff</p> <p>* Use of face coverings by all student athletes</p> <p>Unique safety protocols for student athletes with complex needs or other vulnerable individuals</p> <p>Management of Coaches and Athletic Staff</p>	<p>Participants are not required to attend off-season activities, and this includes those who are at higher risk for severe illness.</p> <p>Face coverings for anyone on District premises will follow the orders of the Pennsylvania Department of Health. As of July 24, 2020, anyone on the premises is obligated to wear a mask or face covering. The District will continue to monitor guidance and directives from the Pennsylvania Department of Health.</p> <p>Participants are not required to attend off-season activities, and this includes those who are at higher risk for severe illness.</p> <p>Coaches and athletic staff who are ill should not report for these voluntary activities.</p>

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Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for **T/E School Board** reviewed and approved the Athletics Health and Safety Plan on **August 24, 2020**

The plan was approved by a vote of: *9-0*

Yes

No

Affirmed on:

By:


(Signature of Board President)

Michele Burger
(Print Name of Board President)