

**Emotional, Mental and Physical
Health Building Supports**

Student Assistance Program (SAP)/ CARE Team is a systematic process to assist school personnel in identifying issues, including problems with alcohol and drugs, which pose a barrier to student learning and success in school. Working with community agencies, SAP teams identify school supports and assist families in accessing community services.

Small Groups Counseling Sessions focus on educating students about stressors and healthy ways of coping.

Clinical Interviews assess the level of functioning, risk factors, protective factors and need for ongoing treatment. When appropriate, Mental Health Specialists provide recommendations and make connections to therapeutic and/or community supports.

Student Attendance Improvement Plans (SAIP) are developed at a multi-disciplinary team meeting with parents to create a plan to improve student attendance.

Multi-tiered Intervention Program is a program that includes a continuum of regular education supports and services in order to improve academic performance.

Special Education is specially designed instruction, at no cost to the parent, to meet the unique needs of a child with a disability. Psychoeducational evaluations are conducted by a school psychologist in order to determine eligibility for an Individualized Education Plan, (IEP).

Section 504 Service Agreement is a plan which outlines accommodations for students with a documented disability in order to enable them to successfully access the curriculum. Upon parent request, school counselors will evaluate for need.

CONTACTS

ELEMENTARY COUNSELORS

Judith Root	Beaumont	610-240-1407
Tami Noel	Devon	610-240-1458
Lauren Scott	Hillside	610-240-1504
Brett Hargest	New Eagle	610-240-1556
Carolyn Swetkowski Karen Kilby	Valley Forge	610-240-1605

T/E MIDDLE SCHOOL COUNSELORS

Rob Kirkby	5th Grade	610-240-1212
Marguerite Gordon	6th Grade	610-240-1209
Maria Marano	7th Grade	610-240-1217
Kristen Abell	8th grade	610-240-1214

VALLEY FORGE MIDDLE SCHOOL COUNSELORS

Andy Mullen	5th Grade	610-240-1319
Meredith McGarrigle	6th Grade	610-240-1314
Kelly Neary	7th Grade	610-240-1317
Bob Sola	8th Grade	610-240-1318

CONESTOGA HIGH SCHOOL COUNSELORS

Laureen Stohrer	A—BRO	610-240-1008
Rachelle Gough	BRU—DH	610-240-1011
Katherine Barthelmeh	DI—GR	610-240-1007
Brian Samson	GU—KE	610-240-1012
Melissa McMenamin	KH—MA	610-240-1051
Jenn Kratsa	MC—N	610-240-1010
Dan McDermott	O—R	610-240-1009
Annie Davis	S—T	610-240-1038
Megan Smyth	U—Z	610-240-1013

Student Emotional Well-Being

Resources for Promoting the Social and Emotional Well-Being of Students in the T/E Schools



Tredyffrin/Easttown School District
940 West Valley Road, Suite 1700
Wayne, PA 19087
www.tesd.net



Your School Counselor is a great resource. They can help direct your concerns and connect you with school and community supports. There are many reasons to call your school counselor, including:

- I'm concerned about my child's academic performance
- My child has been bullied / threatened
- My child is showing signs of anxiety
- I suspect my child may have a disability
- My child has a mental health diagnosis and/or is meeting with a therapist outside of school
- My child is refusing to come to school
- My child seems lonely, sad, or worried very often

Concerns that Require Immediate Attention:

I'm concerned that my child, or one of my child's friends, may be having suicidal thoughts

- ⇒ If during school hours, contact your child's school counselor or mental health specialist.
- ⇒ If outside of school hours, contact one of the 24/7 Crisis/Suicide Helplines listed below.
- ⇒ If you are concerned about another child, contact the other child's parents immediately.

My child was threatened online or in person off school grounds

- ⇒ Contact the local police or call 911.
- ⇒ If online, you may also use the reporting/flagging mechanism for that social media platform.

Abuse

If you suspect a child is being physically or sexually abused or neglected you may report your concerns to the Childline Child Abuse Registry at 1-800-932-0313.

Drug and alcohol

If you believe your child, or someone else, is using drugs or alcohol, you may call these numbers below directly for support:

- ⇒ Chester Co. Department of Drug and Alcohol Services 610-344-6620
- ⇒ Caron Treatment Centers 844-260-1324
- ⇒ Center for Families: 610-228-0670

24/7 Crisis/Suicide Helplines

Valley Creek Crisis Center: 610-918-2100
Crisis Text Line (text START) 741741
National Suicide Prevention Lifeline: 1-800-273-8255

Mental/Behavioral Health Concerns

Center for Families: 610-228-0670
Community Services of Devereux 610-933-8110
Holcomb Behavioral Health Services (610) 363-1488

Emotional, Mental and Physical Health Professional Staff

School Counselor - The foundation of student support in every building, school counselors are involved in a wide range of student and school issues including personal/social development, goal setting, student discussion groups, course selection and post-secondary planning, individual and group assessment, school climate and student activities.

School Psychologists - These individuals provide mandated individualized assessments to determine students' learning strengths and needs, assist with determining appropriate interventions and consult with students, families and school personnel.

Mental Health Specialists - Certified specialists are available to all schools for coordination of private services, individualized counseling and consultation with student assistance and IEP teams.

- **Jana Golboro** (Elementary Schools) 610-240-1500 ext. 16531
- **Melissa Salzberg** (TEMS) 610-240-1215
- **Lindsay Hannigan** (VFMS) 610-240-1340
- **Christine Dunleavy** (CHS A-L) 610-240-1056
- **Joellen Corrocher** (CHS M-Z) 610-240-1077

Nurses - School health services are offered to assist all students with their needs.

Administration

Mark Cataldi

**Director of Assessment and Accountability
Supervisor of School Counselors
610-240-1905**

Chris Groppe, Ed. D.

**Director of Safety and Student Services
Supervisor of Mental Health Specialists
610-240-1919**