

Tredyffrin/Easttown School District Kindergarten Family Life

Dear Parents,

Over the winter break, parents receive a permission form to participate in the district's Family Life health curriculum. Listed below are the titles of the lessons and a brief summary of what will be taught. The lessons for kindergarten are age- appropriate and thoroughly enjoyed by the students. Please feel free to contact us in person if you have any questions.

The Kindergarten Teachers

Lesson 1: Recognizing Similarities and Differences in Boys and Girls - Part 1

Summary: Children complete a chart before the lesson drawing pictures of favorite things in four categories (play, chores, vacation, book). Pictures are shared in class, leading to a discussion of similarities and differences in boys and girls (ex. boys and girls both like soccer; some girls like Barbie books, some girls like books on dinosaurs, etc.)

Lesson 2: Recognizing Similarities and Differences in Boys and Girls - Part 2

Summary: Selections from the video *Free to Be You and Me* are shown. The video has songs/stories on growing up, careers for men and women, good manners, etc.

Lesson 3: When I Was Young (Growth of a Child)

Summary: Children and parents fill out a certificate giving information about when the child was younger (what the child liked to eat, a silly thing the child did, etc.). Each child brings in a photo from earlier in his/her childhood (as young as possible) and the class tries to guess the child. (If no photos are available, the parent or child may draw a picture to bring in.)

Lesson 4: Continuing Growth of a Child

Summary: The book *How Kids Grow* (Jean Marzollo) is read aloud. The class discusses how children grow and talks about things the child can do now that they were unable to do when they were younger (ex. brush their own teeth, ride a bike, feed themselves, dress themselves, use a pencil to write, etc.)

Lesson 5: Families

Summary: Each child draws a picture of his/her family and labels the family members. A short video, *What is a Family?* (100% Educational Videos) is shown.