

Meal Prices

Student Lunch: \$3.45 to \$4.70

Reduced Lunch: \$.40

Adult Lunch: \$4.50

**Conestoga High School
Lunch Menu**

**November
2018**

Please register at www.schoolcafe.com and view your child's account balance, statement, add restrictions and receive low balance email notifications. All for free! Deposits made on-line will incur a \$2.25 fee. All other services are free.

ENTRÉE

VEGETABLES

FRUITS

M 10/29	Chicken Cacciatore over Rice	Tossed Salad	Baby Carrots w/Dip	Fresh Grapes	Pears
T 10/30	Italian Sausage on a Roll	w/Peppers & Onions	Broccoli w/dip	Mixed Fruit	Peaches
W 10/31	Macaroni & Cheese	Tomato Vegetable Soup	Carrot Sticks	Apple Slices	Pears
T 11/1	Roasted Chicken	Mashed Potatoes	Cuc Slices w/Dip	Mixed Fruit	Apple
F 11/2	Baked Pasta w/ Cheese n Sausage	Steamed Carrots	Carrot, Celery Stix	Peaches	Pears








M 11/5	Philly Cheesesteak w/Pepper & Onions	Broccoli	Baby Carrots w/Dip	Apple Slices	Mixed Fruit
T 11/6	NO SCHOOL				
W 11/7	General Tso's Chicken	Noodles	Broccoli	Mandarin Oranges	Pears
T 11/8	Roasted Chicken/ Dinner Roll	Mashed Potatoes	Baked Beans	Pears	Peaches
F 11/9	Cheese Ravioli W/Spaghetti Sauce	Green Beans	Cuc Slices w/Dip	Applesauce	Orange

M 11/12	Chicken Jambalaya over Rice	Steamed Carrots	Onions & Peppers	Apple Slices	Pears
T 11/13	Pizza Dippers Marinara Sauce	Corn	Carrot, Celery Stix	Peaches	Banana
W 11/14	French Bread Pizza	Tossed Salad	Baby Carrots w/Dip	Mixed Fruit	Pears
T 11/15	Roast Turkey w Gravy & Stuffing	Mashed Potatoes	Corn	Cranberry Sauce	Apple Slices
F 11/16	BBQ Pulled Pork on a Kaiser	Creamy Potato Salad	Baked Beans	Pears	Pineapple

M 11/19	BBQ Wings	Potato Salad	Baby Carrots w/Dip	Chilled Pears	Apple
T 11/20	Chicken Fajita's	Peppers & Onions	Veggie w/Dip	Peaches	Fresh Fruit
W 11/21	NO SCHOOL				
TH 11/22					
F 11/23					

M 11/26	NO SCHOOL				
T 11/27	Chicken Broccoli Alfredo	Rice	Broccoli w/dip	Apple Slices	Pears
W 11/28	Pizza Dippers with Marinara Sauce	Steamed Broccoli	Carrot Sticks	Peaches	Banana
T 11/29	Chicken w/Gravy over Noodles	Green Beans	Broccoli w/dip	Mandarin Orange	Grapes
F 11/30	Fish Fillet Sandwich	Baked Beans	Cuc Slices w/Dip	Mixed Fruit	Applesauce

DAILY ENTRÉE'S

Grill 	Pasta Bar 	Deli Bar 	Nacho Bar 
Cheeseburger, Grilled Chicken, Chicken Patty, Vegetarian Burgers	Two Pasta's and Two Sauces Available Daily	Assorted Meats Cheeses Salads and Assorted Bread and Rolls	Nacho's Cheese Seasoned Meat
Soup 	Pizza	Express 	Salad Bar 
Soup and Chili Daily	Mickey's Cheese Pizza Plus One Daily Special	Pre-Made Deli Sandwiches and Salads	Traditional Salad Bar and Daily Specialty Bar

(8oz) 1% White Milk, Non-Fat White Milk and Non-Fat Chocolate Milk included with all Meals

General Kitchen Worker Positions now available! Apply on the TESD website at: <https://www.tesd.net/Page/210>

SchoolCafé registration is FREE giving you access to account balances, low balance email notifications and statements. We strongly encourage all Parents/Guardians to register. Point of Sale payments can be made by check or cash at school. Please include your child's name and pin # with all pre-payments. You may also pay online at www.schoolcafe.com. SchoolCafé charges \$2.25 transaction fee for deposits made online, but all other services are free.