

Middle School Daily Breakfast Menu Fuel for School

Monday Tuesday Wednesday Thursday Friday

Choose One (1) Entrée

Daily Breakfast Special

Egg & Cheese on a Bagel	Sausage & Cheese Bagel	French Toast w/Syrup	Sausage Egg & Cheese on a Bagel	Mini Waffles w/Syrup
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Or one of the Daily Entrée's available every day



2oz Cereal Bowl



Cinnamon Roll WG



Bagel w/Cream Cheese & Jelly



Whole Grain 3.1oz. Muffin



8oz Yogurt

Choose Two (2) Fruit/Veg

Assorted Fresh Fruit



100% Juice

Orange
Grape
Apple



Assorted Cup Fruit



(Only 1 Fruit Juice can be included with Meal)

Choose One (1) Milk



Skim, 1% White, Non-Fat Chocolate



Breakfast Prices

Student Breakfast Meal:	FREE	Adult Breakfast	\$3.20
Student Sandwich Meal:	FREE	Adult Breakfast Sandwich Meal	\$4.25