

# TESD Middle Schools



January to June 2023

## Meal Prices

Paid Lunch: \$3.75  
 Reduce Lunch: \$.40  
 Adult Lunch: \$5.25

### DAILY FOOD STATIONS



**Cheeseburger  
 Chicken Patty  
 Vegetarian Burgers**

**Cheese Pizza  
 plus one  
 Daily Specialty Pie**



**The Express  
 Freshly Made  
 Deli Sandwiches**



8oz 1% White Milk, Non-fat White Milk and Non-fat Chocolate Milk included with all Meals

Baby Carrots, Fresh Apple Slices, Canned and Fresh Fruit and 4oz 100% Apple and Grape Juice Available Daily

#### TODAY'S SPECIAL

#### DAILY SIDES

#### DAILY SALAD PLATTER

<b>M</b>	Bosco Pizza Dippers (Cheese filled Breadsticks)	Marinara Sauce, Tossed Salad	Chicken Caesar Salad
<b>T</b>	Chicken Tenders w/Dinner Roll	Tossed Salad, Baked Beans	Taco Salad Platter
<b>W</b>	Bacon Cheeseburger on a Bun	Cucumber Sl w/Dip, Potato Salad	Chicken Club Salad
<b>Th</b>	Penne Pasta with Meat sauce (beef)	Seasoned Green Beans, Broccoli w/Dip	Chicken Caesar Salad
<b>F</b>	Individual Round Pizza	Tossed Salad, Baby Carrots	Taco Salad Platter

**(Garden Vegetable Salad Platter w/Egg or Cheese available daily)**

<b>M</b>	Bosco Pizza Dippers (Cheese filled Breadsticks)	Marinara Sauce, Tossed Salad	Chicken Caesar Salad
<b>T</b>	Breaded Chicken Breast Sandwich on a Bun	Baked Beans, Tossed Salad	Taco Salad Platter
<b>W</b>	Macaroni & Cheese w/Dinner Roll	Tomato Soup, Broccoli w/dip	Chicken Club Salad
<b>Th</b>	Mini Corn Dogs	Green Beans, Cucumber Slices	Chicken Caesar Salad
<b>F</b>	Pepperoni Pizza Slice	Steamed Broccoli, Baby Carrots	Taco Salad Platter

**(Garden Vegetable Salad Platter w/Egg or Cheese available daily)**

<b>M</b>	Bosco Pizza Dippers (Cheese filled Breadsticks)	Marinara Sauce, Tossed Salad	Chicken Caesar Salad
<b>T</b>	Toasted Cheese Sandwich	Tomato Soup, Baby Carrots	Taco Salad Platter
<b>W</b>	Breaded Chicken Chunks w/Dinner Roll	Baked Beans, Broccoli w/Dip	Chicken Club Salad
<b>Th</b>	Chicken & Cheese Quesadilla	Steamed Corn, Cuc Slices w/Dip	Chicken Caesar Salad
<b>F</b>	French Bread Pizza	Tossed Salad, Baby Carrots	Taco Salad Platter

**(Garden Vegetable Salad Platter w/Egg or Cheese available daily)**

January					February					March					April					May					June				
2	3	4	5	6		1	2	3		1	2	3	3	4	5	6	7	1	2	3	4	5		1	2				
9	10	11	12	13	6	7	8	9	10	6	7	8	9	10	10	11	12	13	14	8	9	10	11	12	5	6	7	8	9
16	17	18	19	20	13	14	15	16	17	13	14	15	16	17	17	18	19	20	21	15	16	17	18	19	12	13	14	15	16
23	24	25	26	27	20	21	22	23	24	20	21	22	23	24	24	25	26	27	28	22	23	24	25	26					
30	31	27	28	27	28	29	30	31						29	30	31													

Color Coded  
 Weekly Menu  
 = No Lunch