

**HELP WANTED**

Part-time General Kitchen Worker.  
9:00AM to 1:30PM  
Apply at  
<https://www.tesd.net/Page/210>

**Conestoga High School Lunch Menu**

**October to December  
2021**

**Meal Prices**

Second Lunch: \$  
3.75  
Adult Lunch: \$  
5.00

**FOOD COURT STATIONS AVAILABLE DAILY**

Cheeseburger, Chicken Patty,  
Vegetarian Burgers, Baked  
French Fries



Ham, Turkey, Roast Beef, Tuna  
& Chicken Salad, Spicy Ham,  
Salami, 3 Cheeses and Bread and  
Kaiser Rolls (Whole Wheat Multi



Assorted Salad Platters



Cheese Pizza Plus one  
Daily Specialty Pie



**The Express**  
Premade Deli Sandwiches



Assorted Pasta Bowls



**8oz 1% White Milk, Non-fat White Milk and Non-fat Chocolate Milk included with all Meals**

**Fresh Apple Slices, Canned Fruit and 4oz 100% Apple and Grape Juice Available Daily**

**October**

M	T	W	TH	F
4	5	6	7	8
11	12	13	14	15
25	26	27	28	29
25	26	27	28	29

**DAILY ENTRÉE**

**M** Chicken Tenders with Dipping Sauce  
**T** Soft Beef Taco  
**W** Bacon Cheese Burger on a Bun  
**Th** Chicken Fajita w/Pepper Jack Cheese  
**F** Bosco Pizza Dippers

**DAILY SIDES**

Mashed Potatoes, Baby Carrots  
Lettuce, Tomato, Salsa, Corn  
Baked Beans, Tossed Salad  
Roasted Peppers & Onions, Baby Carrots w/Dip  
Marinara Sauce, Tossed Salad

**November**

M	T	W	TH	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26

**M** Breaded Chicken Chunks w/dip  
**T** Chicken Alfredo & Broccoli  
**W** Pepper Jack Cheese Burger  
**Th** Roasted Chicken  
**F** Bosco Pizza Dippers

French Fries, Broccoli w/dip  
Dinner Roll, Tossed Salad, Cuc Slc's w/Dip  
Salsa, Steamed Corn  
Mashed Potatoes, Tossed Salad  
Green Beans, Tossed Salad

**December**

M	T	W	TH	F
29	30	1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24

**M** Cheesesteak w/ Fried Onions & Peppers  
**T** Pulled Pork with Peppers & Onions on Stk Roll  
**W** Pizza Burger w/Sauce and Mozzarella Cheese  
**Th** General Tso's Chicken over Rice  
**F** Bosco Pizza Dippers

Coleslaw, Cuc Slices  
Potato Salad, Baby Carrots  
French Fries, Broccoli w/Dip  
Oriental Vegetables, Baby Carrots  
Marinara Sauce, Tossed Salad

**M** Stuffed Shells w/Spaghetti Sauce  
**T** Roasted BBQ Chicken, Dinner Roll  
**W** Cheddar Burger w or wo Sautéed Onions on Bun  
**Th** Chicken Caccatore over Rice  
**F** Bosco Pizza Dippers

Steamed Green Beans, Cuc Slices  
Potato Salad, Baby Carrots  
French Fries, Broccoli w/Dip  
Steamed Broccoli, Baby Carrots  
Marinara Sauce, Tossed Salad

**IMPORTANT:**

Please manage your child's cafeteria account by registering at [www.schoolcafe.com](http://www.schoolcafe.com) for our on-line cafeteria services. View your child's account balance, statement & receive low balance emails!

Once registered please enable the email notification for each child. Deposits made on-line will incur a \$2.25 fee. All other services are FREE! You may still pay by cash or check. Checks should be made payable to "TESD Caf. Fund."