

The TEMS CARE Team

School Counselors:

**Ms. Kristin Abell
Mrs. Marguerite Gordon
Mr. Robert Kirkby
Ms. Maria Marano**

TEMS Teachers:

**Mrs. Kati Matilla
Mrs. Anne McCarthy
Ms. Kelly McKee
Mrs. Mary Parente
Mrs. Lisa Stehouwer
Mrs. Betsy Toscano**

School Nurse:

Mrs. Leigh Ann Coary

Mental Health Specialist:

Ms. Melissa Salzberg

Assistant Principal:

Mr. John Mull

CARON Liaison

Mrs. Suz Carlin

**If you have any questions, please
contact any one of the CARE**

**team members at
610-240-1200**

Who should I call if someone I know needs help?

**Alanon/Alateen
www.al-anon.alateen.org**

Family and Friends of Alcoholics
610-696-4216

**Alcoholics Anonymous
www.alcoholics-anonymous.org
610-527-9711**

**Children, Youth, and Family
www.chesco.org/cyf/index.html
Child Protective Services
610-344-5800**

**COAD Drug & Alcohol Information
www.coadgroup.com
610-363-6164**

**Narcotics Anonymous
www.na.org
610-344-3250**

**National Runaway Switchboard
www.nrscrisisline.org
800-621-4000**

**Suicide Prevention
1-800-273-TALK**

**Mental Health Crisis Text Line
Text "Start" to 741-741**

**Valley Creek Crisis Intervention
24 hr Mental Health Crisis Hotline
610-280-3270/610-918-2100**

**Tredyffrin/Easttown
Middle School**

CARE TEAM



<http://Suicidehotlines.com/>

**Tredyffrin/Easttown
Middle School
801 Conestoga Road
Berwyn, PA. 19312
610-240-1200**

What is the CARE Team?

Who We Are...

The CARE Team at T/E Middle School is a group of teachers, counselors, administrators, and specialists working together to assist students in removing barriers to their learning.



Barriers may include: social stressors, self-esteem, family stressors, emotional stressors, tobacco/drug or alcohol issues, or irregular eating patterns.

The CARE Team is our version of the Pennsylvania state-mandated Student Assistance Program (SAP). The CARE Team members do not diagnose or provide treatment to students. The role of the team is to assess the needs of students and help offer supports as needed. The needs of a student are assessed using a parent approved assessment.

How the CARE Team Can Help

Students can be referred to the CARE team by themselves, a parent, a peer, a teacher, or a counselor. The team will contact the parents and the teachers of the student to collect information about their school performance. The team will work with the parent to provide options of support, which may include a referral to an in-school support group or an outside assessment.

How the Referral Process

Works

- ⇒ Student is referred to CARE Team by a parent, teacher, or administrator.
- ⇒ Once referral is received, a case manager is assigned. The case manager distributes a checklist to all of the student's teachers. The checklist focuses only on observable behaviors.
- ⇒ The student's parents are contacted by the case manager throughout this process.
- ⇒ Once the data is collected, the team reviews the information.

Possible Outcomes of the Referral Process

- The information may indicate that no action is needed.
- The parent may pursue private counseling or medical attention.
- With parental consent, the student may be recommended to meet with the mental health or drug/alcohol counselor for an assessment.
- The team may conduct a formal or informal intervention

All information collected through the CARE process is confidential.

Parental Involvement

The CARE Team recognizes that a parent has a major role and responsibility in decision making for his/her child. The CARE Team will make every effort to involve parents throughout the CARE Team process.

Warning Signs

- Drop in academic performance
- Loss of interest in usual activities
- Change in group of friends
- Appears sad
- Angry outbursts at home or at school
- High absenteeism
- Statements of despair ("I don't care" or "I'm no good")
- Hurting oneself
- Bloodshot eyes that appear glassy



What You Can Do As a Parent

- Listen to your child
- Let your child know you're concerned
- Let your child know that help is available
- Contact a member of the CARE team to make a referral

If you suspect your son or daughter is suffering from mental health issues or may be abusing drugs or alcohol, please contact your child's school