

The TEMS CARE Team

CARE Team Members:

Mr. Brody Bush
Ms. Jacquelyn Hickey
Mrs. Heather O'Connor
Mrs. Kati Matilla
Mrs. Rose Mary Murphy
Mrs. Christy Saddic
Mr. Bob Sola
Mrs. Betsy Toscano
Ms. Ellen Turk

Community Agency Liaison:
Claire Ryan, COAD

If you have any questions,
please contact any one of
the CARE team members at
610-240-1200.



Who should I
call if some-
one I know
needs help?

Valley Creek Crisis (24 hr hotline) 1-877-
918-2100

Suicide Prevention 610-447-7600

Children & Youth Services (child abuse)
610-344-5800

National Runaway Switchboard
1-800-621-4000

Alanon/Alateen 610-696-4216

Alcoholics Anonymous (Malvern)
610-644-9675

Narcotics Anonymous 610-344-3250

**Chester County Office of Addictive Dis-
eases (COAD): Drug & Alcohol Infor-
mation, Education & Referral Service**
610-363-6164

Counseling Services:

Children, Youth & Families 610-344-5800
Community Services of Devereux 610-933-8110
Family Services 610-696-4900
Human Services, Inc. 610-873-1010

The CARE Team



Tredyffrin/Easttown Middle School
801 Conestoga Road
Berwyn, PA. 19312
610-240-1200
www.tesd.net/tems

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What is the CARE Team?

Who We Are

The CARE Team at T/E Middle School is a group of teachers, counselors, administrators, and specialists working together to assist students in removing barriers to their learning. Those barriers may be related to mental health, drug, or alcohol issues. The CARE Team is our version of the Pennsylvania state-mandated Student Assistance Program (SAP).

How the CARE Team Can Help

Students can be referred to the CARE team by themselves, a parent, a peer, a teacher, or a counselor. The team will contact the parents/guardians and the teachers of the student to collect information about their school performance. The team will work with the parents/guardians to provide options of support, which may include a referral to an in-school support group or an outside assessment.

Signs that a student may be in need of additional support:

- Drop in academic performance
- Changing group of friends
- Negative change in attitude towards school, school avoidance
- Angry outbursts at home or at school
- Hurting oneself
- High absenteeism
- Student suffered recent loss (move, divorce, death, separation)
- Bloodshot eyes that appear glassy
- Statements of despair (“I don’t care”, “I’m no good”)



What Parents and Guardians Can Do:

- Listen to your student
- Let your student know you’re concerned
- Let your student know that help is available
- Contact a member of the CARE team to refer

Information Websites You May Find Helpful



mentalhelp.net
Mental Health
Information and
Resources



www.nationaleatingdisorders.org
National Eating Disorders
Association



www.tobaccofreekids.org